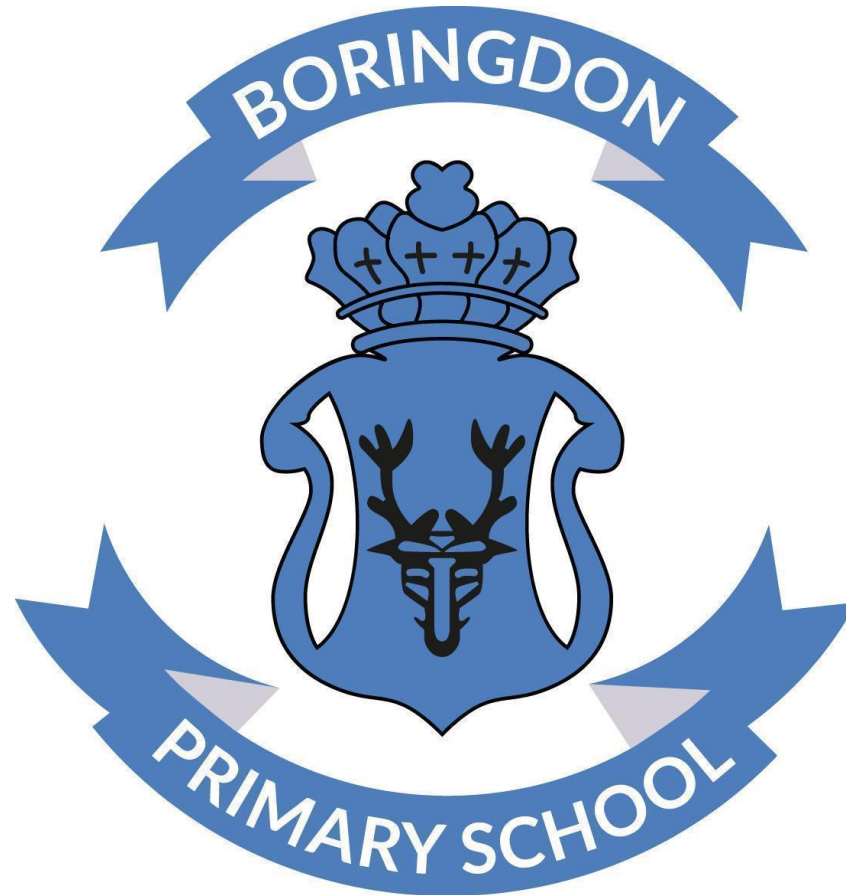


PE Curriculum Map 2026-27



Threads

This framework ensures that every child can participate, progress and succeed.

Think	Feel	Move	Connect
Intent: Children learn tactics, decision-making and problem-solving, becoming strategic thinkers who can adapt during physical activity.	Intent: Children build enjoyment, confidence and wellbeing, learning to recognise how activity makes them feel and how it supports their physical and mental health.	Intent: Children develop control, coordination and physical competence through fundamental movement and sport-specific skills.	Intent: Children learn teamwork, communication and sportsmanship, celebrating their own progress and the achievements of others.
• Think: knowledge of rules, tactics, strategies and compositional ideas • Think: knowledge of healthy, active living • Think: decision making, problem solving and creative thinking • Think: evaluation, analysis and reflection	• Feel: personal and emotional • Feel: engagement and enjoyment	• Move: movement competence • Move: physical fitness • Move: application of tactics, strategies and compositional ideas • Move: performance and competition	• Connect: teamwork and leadership • Connect: cultural and ethical awareness

EYFS Curriculum Map for Physical Education (Arena)						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year R	Dance 3 Little Pigs	Dance Toys	Gymnastics One	Dance Under the Sea	Fundamentals Athletics	Athletics: Sports Day Preparation
	Fundamentals One	Games One	Fundamental Two	Gymnastics Two	Games Two	Striking and Fielding
Valu e	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Inte nt	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.

Year 1 Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Locomotion: running and jumping (12 lessons) Feel: personal and emotional Move: movement competence	Health and wellbeing: the effects of exercise (6 lessons) Move: physical fitness Think: knowledge of healthy, active living	Ball skills: sending, receiving and dribbling (12 lessons) Feel: engagement and enjoyment Move: movement competence		Outdoor adventurous activities: working with others Move: application of tactics, strategies and compositional ideas Think: decision making, problem solving and creative thinking	
		Dance: My moves, my brilliant body (6 lessons)	Gymnastics: individual movements and balances (12 lessons) Move: movement competence		Dance: my moves, my journey (6 lessons)	Ball skills: pushing and striking (6 lessons)

		Connect: cultural and ethical awareness Move: application of tactics, strategies and compositional ideas	Think: evaluation, analysis and reflection		Connect: cultural and ethical awareness Move: application of tactics, strategies and compositional ideas	Connect: teamwork and leadership Move: movement competence
Value	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Intent	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.

Year 2 Curriculum Map for Physical Education						
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 2	Locomotion: running, jumping and dodging (12 lessons) Feel: engagement and enjoyment Move: movement competence	Health and wellbeing: agility, balance and coordination (6 lessons) Feel: personal and emotional Move: physical fitness Think: knowledge of healthy, active living	Ball skills: passing, dribbling and scoring (12 lessons) Move: movement competence Think: knowledge of rules, tactics, strategies and compositional ideas		Outdoor adventurous activities: team building (12 lessons) Move: application of tactics, strategies and compositional ideas Think: decision making, problem solving and creative thinking	
		Dance: My world, weather Connect: cultural and ethical awareness Move: performance and competition	Gymnastics: linking movement and balances (12 lessons) Move: performance and competition Think: evaluation, analysis and reflection		Ball skills: hitting and striking Move: movement competence Think: evaluation, analysis and reflection	Dance: my world, how we dance Connect: teamwork and leadership Move: application of

						tactics, strategies and compositional ideas
Value	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Intent	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.

Year 3 Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 3	Outdoor adventurous activities: team challenges (6 lessons) Connect: teamwork and leadership Move: application of tactics, strategies and compositional ideas	Dance: My word links to language (12 lessons) Feel: personal and emotional Move: application of tactics, strategies and compositional ideas		Gymnastics: movement, balances and sequence composition (12 lessons) Move: performance and competition Think: evaluation, analysis and reflection		Striking and fielding games: fielding vs batting (6 lessons) Feel: engagement and enjoyment Move: movement competence
	Invasion games: principles of attack and defence through ball games Feel: engagement and enjoyment	Invasion games: principles of attack and defence in netball (6 lessons) Move: movement competence Think: knowledge of rules, tactics,	Net and wall games: tactics and strategies to overcome an opponent (6 lessons) Feel: personal and emotional	Health and wellbeing: mindfulness and meditative balances (6 lessons) Feel: personal and emotional	Athletics: athletic challenges (6 lessons) Move: performance and competition Think: evaluation, analysis and reflection	

	Move: application of tactics, strategies and compositional ideas	strategies and compositional ideas	Move: application of tactics, strategies and compositional ideas	Move: physical fitness Think: knowledge of healthy, active living		
Value	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Intent	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.

Year 4 Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 4	Outdoor adventurous activities: solving problems (6 lessons) Connect: teamwork and leadership Move: application of tactics, strategies and compositional ideas	Dance: traditional dances of the British Isles (12 lessons) Move: performance and competition Think: evaluation, analysis and reflection		Gymnastics: symmetry and asymmetry (12 lessons) Move: performance and competition Think: decision making, problem solving and creative thinking		Striking and fielding games: tactics and strategies through racing rounders (6 lessons) Move: application of tactics, strategies and compositional ideas Think: knowledge of rules, tactics, strategies and compositional ideas

Year 5 Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 5	Outdoor adventurous activities: orienteering (6 lessons) Connect: teamwork and leadership Move: application of tactics, strategies and compositional ideas	Invasion games: shooting, scoring and denying space through hockey (6 lessons) Move: movement competence Think: knowledge of rules, tactics, strategies and compositional ideas	Striking and fielding games: striking and fielding skills through cricket (6 lessons) Move: movement competence Think: knowledge of rules, tactics, strategies and compositional ideas	Argyle: Joy of Movement Sport Leadership, health and wellbeing	Health and wellbeing: stamina, strength and flexibility (6 lessons) Move: physical fitness Think: knowledge of healthy, active living	Athletics: enhanced athletic challenges (6 lessons) Feel: personal and emotional Move: performance and competition
	Invasion games: shooting, scoring and denying space in ball games Move: application of tactics, strategies and compositional ideas	Net and wall games: tactics to overcome an opponent through tennis (6 lessons) Feel: engagement and enjoyment	Gymnastics: counter balance and counter tension (6 lessons) Move: application of tactics, strategies and compositional ideas	Gymnastics: flight (6 lessons) Feel: personal and emotional Move: performance and competition	Dance: Your tag, every day art (12 lessons) Connect: cultural and ethical awareness Move: performance and competition	

	Think: decision making, problem solving and creative thinking	Move: movement competence	Think: evaluation, analysis and reflection			
Value	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Intent	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.

Year 6 Curriculum Map for Physical Education

	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 6	Outdoor adventurous activities: leadership (6 lessons) Connect: teamwork and leadership Move: application of tactics, strategies and compositional ideas	Invasion games: scenarios, tactics and power play through tag rugby (6 lessons) Move: movement competence Think: knowledge of rules, tactics, strategies and compositional ideas	Striking and fielding games: striking and fielding tactics through rounders (6 lessons) Move: application of tactics, strategies and compositional ideas Think: knowledge of rules, tactics, strategies and compositional ideas	Dance: the power of unity (12 lessons) Connect: cultural and ethical awareness Move: performance and competition		Parkour: developing confidence and creative movement
	Invasion games: scenarios, tactics and power play in ball games (6 lessons) Move: application of tactics, strategies	Net and wall games: tactics to overcome an opponent through badminton (6 lessons) Move: movement competence	Gymnastics: Matching and mirroring (6 lessons) Move: application of tactics, strategies and compositional ideas	Health and wellbeing: stamina, strength and flexibility refined (6 lessons) Move: physical fitness	Athletics: athletic challenges refined (6 lessons) Feel: engagement and enjoyment	Sports Leadership?? ?

	and compositional ideas Think: decision making, problem solving and creative thinking	Think: evaluation, analysis and reflection	Think: evaluation, analysis and reflection	Think: knowledge of healthy, active living	Move: performance and competition	
Value	Respect	Teamwork	Honesty	Self-Belief	Determination	Passion
Intent	I can show respect to others by listening and following the rules of a game.	I can work together with others to achieve a goal.	I can show good sportsmanship at all times by being honest and accepting.	I can keep a positive attitude even when things are difficult and build upon my strengths.	I can stay focused and not give up.	I can enjoy being active and encourage others to join in and take pride in what I do.